

Douglas M Reed

Douglas is an entrepreneur, one of the most sought out motivational speakers in the country. He is a wellness life coach to help men find their motivation and tools to get their physical and emotional goals. He is former Director of Partnerships, Black Men Heal, he assisted with the development and implementation of programs that align with the organization mission. His commitment led to the organization's virtual free space, King's Corner which averages 35 men on a virtual call every week. He toured with the Co Facilitator, Reginald Howard on the Black Men Need Hugs Tour with stops in Baltimore, Chicago, Atlanta, Philadelphia and Charlamagne Tha God's

"Mental Wealth Expo." Doug is a mental health agent and advocate. He believes everyone can tell a story but everyone can't share a story. The sharing of his story allows other men to share and create a safe space.

Douglas is also a retired Senior Non-Commissioned Officer Army Reservist and Corrections Officer who believes, that if you can reach the youth at an early age through mentoring and education, you may be able to prevent them from becoming involved in negative behavior that may lead them to becoming incarcerated or involved in the criminal justice system.

His passion and dynamic presentations have led him to be the featured speaker at many businesses, churches, organizations events including, Black Men Heal, Wharton Business College, Ralph Lauren, Sosozei Foundation, Mental Health America, AKKOMA Project as well as a panelist for the Charlemagne Tha God's, Mental Wealth Expo, "Black Men's Mental Health". Doug thrives on having a positive impact on changing the perception of those who may have made a mistake in life and the next generation.